

2011 Adventure Sailing School

SCHEDULE

9 - 4:00 for Tivoli Pick-up

8:30 - 4:30 Saugerties pick-up

Week 1: June 27 to July 1

Week 6: August 1 - August 5

Week 2: July 4 - July 8

Week 7: August 8 - August 12

Week 3: July 11 - July 15

Week 8: August 15 - August 19

Week 4: July 18 - July 22

Week 9: August 22 - August 26

Week 5: July 25 - July 29

Week 10: August 29 - Sept 32

Requirements

1. Type 3 life jacket. Must be comfortable and fit well. Kyack style vests that offer a lot of arm mobility are preferred as they are less restrictive and are more comfortable.
2. Keen water sandals. The best form of underwater foot protection, especially as they have a toe cap to prevent stubbed toes.
3. Light colored clothes, and some form hat for sun protection. Quick drying swim style shirts are preferred as they dry quickly and don't have to be taken off to dry.
4. waterproof sun screen. Each child should have their own sun screen. I have found that Bullfrog waterproof sun screen works the best and lasts the longest.
5. Nalgeen or Sigg water bottle, to cut down on plastic bottle waste. Water will be provided on board.
6. A towel and tote bag for carrying everything.